

**NO-DECOMPRESSION LIMITS AIR DECOMPRESSION TABLE**

**TABLE 1**

| Depth<br>m | BT<br>min | Stops |    |   | RG |
|------------|-----------|-------|----|---|----|
|            |           | 6m    | 3m |   |    |
| 12         | 125       |       | 1  | G |    |
| 15         | 75        |       | 1  | G |    |
|            | 90        |       | 7  | G |    |
| 18         | 47        |       | 1  | F |    |
|            | 70        |       | 11 | G |    |
| 21         | 34        |       | 1  | E |    |
|            | 50        |       | 8  | F |    |
|            | 60        |       | 16 | G |    |
| 24         | 25        |       | 1  | E |    |
|            | 35        |       | 4  | F |    |
|            | 40        |       | 8  | F |    |
|            | 50        |       | 17 | G |    |
|            | 60        | 4     | 24 | G |    |
| 27         | 20        |       | 1  | E |    |
|            | 30        |       | 5  | F |    |
|            | 35        |       | 10 | F |    |
|            | 40        | 2     | 13 | G |    |
|            | 45        | 3     | 18 | G |    |
|            | 50        | 6     | 22 | G |    |
| 30         | 17        |       | 1  | D |    |
|            | 25        |       | 5  | E |    |
|            | 30        | 2     | 7  | F |    |
|            | 35        | 3     | 14 | G |    |
|            | 40        | 5     | 17 | G |    |
|            | 45        | 9     | 23 | G |    |

| Depth<br>m | min | Stops |    |    | RG |
|------------|-----|-------|----|----|----|
|            |     | 9m    | 6m | 3m |    |
| 33         | 14  |       |    | 1  | D  |
|            | 20  |       |    | 4  | E  |
|            | 25  |       | 2  | 7  | F  |
|            | 30  |       | 4  | 11 | G  |
|            | 35  |       | 6  | 17 | G  |
|            | 40  | 2     | 8  | 23 | G  |
|            | 40  | 2     | 8  | 23 | G  |
| 36         | 12  |       |    | 1  | D  |
|            | 20  |       | 2  | 5  | E  |
|            | 25  |       | 4  | 9  | F  |
|            | 30  | 2     | 5  | 15 | G  |
|            | 35  | 2     | 8  | 23 | G  |
| 39         | 10  |       |    | 1  | D  |
|            | 15  |       |    | 4  | E  |
|            | 20  |       | 3  | 7  | F  |
|            | 25  | 2     | 4  | 12 | G  |
|            | 30  | 3     | 7  | 18 | G  |
|            | 35  | 6     | 10 | 23 | G  |
| 42         | 9   |       |    | 1  | D  |
|            | 12  |       |    | 4  | D  |
|            | 15  |       | 1  | 5  | E  |
|            | 18  |       | 4  | 6  | F  |
|            | 21  | 2     | 4  | 10 | F  |
|            | 24  | 3     | 6  | 16 | G  |
|            | 27  | 4     | 7  | 19 | G  |

| Depth<br>m | min | Stops |    |    |    | RG |
|------------|-----|-------|----|----|----|----|
|            |     | 12m   | 9m | 6m | 3m |    |
| 45         | 12  |       |    |    | 5  | E  |
|            | 15  |       |    | 3  | 5  | E  |
|            | 18  |       | 2  | 4  | 9  | F  |
|            | 21  |       | 3  | 5  | 13 | G  |
|            | 24  |       | 4  | 6  | 18 | G  |
|            | 24  |       | 4  | 6  | 18 | G  |
| 48         | 9   |       |    |    | 3  | E  |
|            | 12  |       |    | 2  | 5  | E  |
|            | 15  |       |    | 4  | 6  | F  |
|            | 18  |       | 3  | 4  | 10 | F  |
|            | 21  | 1     | 4  | 6  | 16 | G  |
| 51         | 9   |       |    |    | 4  | D  |
|            | 12  |       |    | 3  | 6  | E  |
|            | 15  |       | 2  | 4  | 8  | F  |
|            | 18  |       | 4  | 5  | 13 | F  |
|            | 21  | 3     | 4  | 7  | 18 | G  |
| 54         | 9   |       |    | 1  | 5  | D  |
|            | 12  |       | 1  | 4  | 6  | E  |
|            | 15  |       | 3  | 4  | 10 | F  |
|            | 18  | 2     | 4  | 6  | 17 | G  |
| 57         | 9   |       |    | 2  | 5  | D  |
|            | 12  |       | 2  | 4  | 8  | E  |
|            | 15  | 1     | 4  | 5  | 11 | F  |
|            | 18  | 2     | 5  | 7  | 18 | G  |
|            | 18  | 2     | 5  | 7  | 18 | G  |

Altitude 0-700m above sea level

Ascent rate: 10m/min ↑ Safety Stop: 1 min at 3m

**TABLE 2**

**REPETITIVE DIVE TIME TABLE 0-2500 m above sea level**

|  |          |          |          |          |          |          |              |            |   |
|--|----------|----------|----------|----------|----------|----------|--------------|------------|---|
|  |          |          |          |          |          |          | <b>"0"</b> → |            |   |
| <b>Surface Interval Times</b>              |          |          |          |          |          |          | <b>A</b>     | 2          | 2 |
| <b>RG at the start of surface interval</b> |          |          |          |          | <b>B</b> | 20       | 2            | 2          |   |
|  |          |          |          | <b>C</b> | 10       | 25       | 3            | 3          |   |
|  |          |          | <b>D</b> | 10       | 15       | 30       | 3            | 3          |   |
|  |          | <b>E</b> | 10       | 15       | 25       | 45       | 4            | 3          |   |
|  | <b>F</b> | 20       | 30       | 45       | 75       | 90       | 8            | 4          |   |
| <b>G</b>                                   | 25       | 45       | 60       | 75       | 100      | 130      | 12           | 5          |   |
| <b>G</b>                                   | <b>F</b> | <b>E</b> | <b>D</b> | <b>C</b> | <b>B</b> | <b>A</b> | <b>hrs</b>   | <b>hrs</b> |   |
| <b>RG at end of surface interval</b>       |          |          |          |          |          |          |              |            |   |

Example:  
 Previous dive: 24m, 35 min = Repetitive Group (RG) = F

- After 45 min at surface: RG = C
- After 90 min at surface: RG = A
- after 4 hours: flying is permitted
- after 8 hours: RG = "0", no more Residual Nitrogen Time (RNT)

| <b>RG for No-Decompression Dives and RNT for Repetitive Dives</b>  |          |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
|--|----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Repetitive dive depth m (intermediate depths: use next shallower depth)  |          |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| <b>RG</b>  | <b>9</b> | <b>12</b> | <b>15</b> | <b>18</b> | <b>21</b> | <b>24</b> | <b>27</b> | <b>30</b> | <b>33</b> | <b>36</b> | <b>39</b> | <b>42</b> | <b>45</b> | <b>48</b> | <b>51</b> | <b>54</b> | <b>57</b> |
| <b>A</b>   | 25       | 19        | 16        | 14        | 12        | 11        | 10        | 9         | 8         | 7         | 7         | 6         | 6         | 6         | 5         | 5         | 5         |
| <b>B</b>   | 37       | 25        | 20        | 17        | 15        | 13        | 12        | 11        | 10        | 9         | 8         | 7         | 7         | 6         | 5         | 5         | 5         |
| <b>C</b>   | 55       | 37        | 29        | 25        | 22        | 20        | 18        | 16        | 14        | 12        | 11        | 10        | 9         | 8         | 7         | 7         | 6         |
| <b>D</b>   | 81       | 57        | 41        | 33        | 28        | 24        | 21        | 19        | 17        | 15        | 14        | 13        | 11        | 10        | 9         | 9         | 8         |
| <b>E</b>   | 105      | 82        | 59        | 44        | 37        | 30        | 26        | 23        | 21        | 19        | 17        | 16        | 14        | 13        | 12        | 11        | 10        |
| <b>F</b>   | 130      | 111       | 88        | 68        | 53        | 42        | 35        | 30        | 27        | 24        | 21        | 19        | 17        | 16        | 15        | 14        | 13        |
| Example: RG = C at end of surface interval. Planned depth of repetitive dive = 27m. RNT = 18 min, to be added to Bottom Time (BT) of repetitive dive |          |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |